

#### Teacher development and the role of research

14/01/2021

**Mark Wyatt** 

What are the benefits (and challenges) of teacher research?



23/01/2021

**Emily Edwards** 

Transforming teaching through research activities: Tools for exploring practice

Kenan Dikilitas

30/01/2021

How does doing and sharing research change who you are, and what you do?



03/02/2021

**Gary Barkhuizen** 



How do I analyse my data? Some suggestions for qualitative and quantitative analysis

04/02/2021

13/02/2021

**Anne Burns** 

Teachers research! Innovative, international sharing and mentoring





### What are the benefits and challenges of teacher research?

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UTS CRICOS 00099F

#### Structure of this webinar

- Introductions
- What are the benefits of teacher research?
- What are the challenges of teacher research? Some tensions and possible directions

### My experiences of action research (AR)

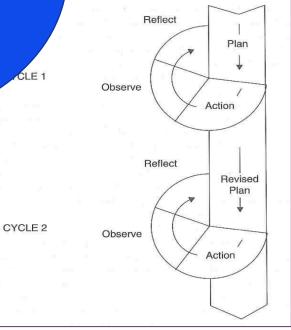


Investigating a
classroom issue or
puzzle through strategic
action, critical reflection
and (ideally)
collaboration, to
improve practice and
understandings

English Australia Action Research in ELICOS program:

https://www.englishaustralia.com.au/professional-development/action-research

Kemmis & McTaggart's action research spiral (Burns, 2010, p.9)



How do you think this image might relate to teacher research?





# What are the benefits of teacher research?



### What do we mean by 'benefits' of teacher research? => Development or transformation

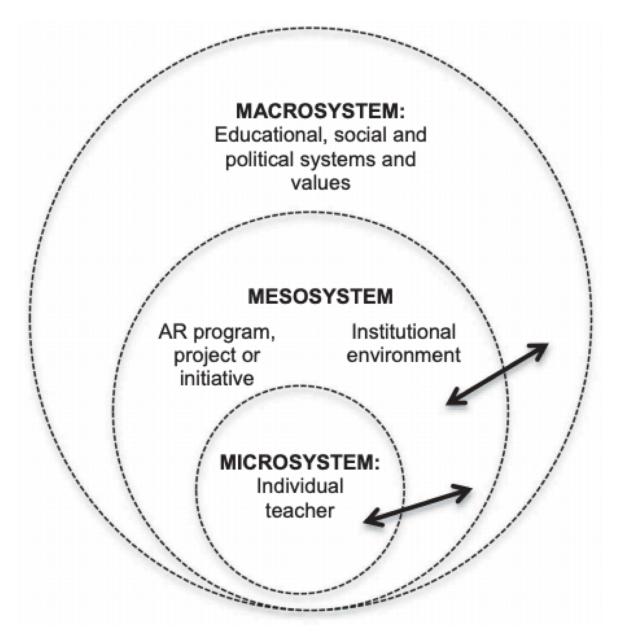
A process involving both cognitions – internalising new knowledge, perceptions or beliefs – and identities – continuously re-negotiating a sense of self (van Lier, 2008).

A long-term continuous and dynamic **process** that can be observed when teachers make "sustained changes" (Grimmett, 2014, p.10) to their practice, understandings, engagement with others, or sense of self

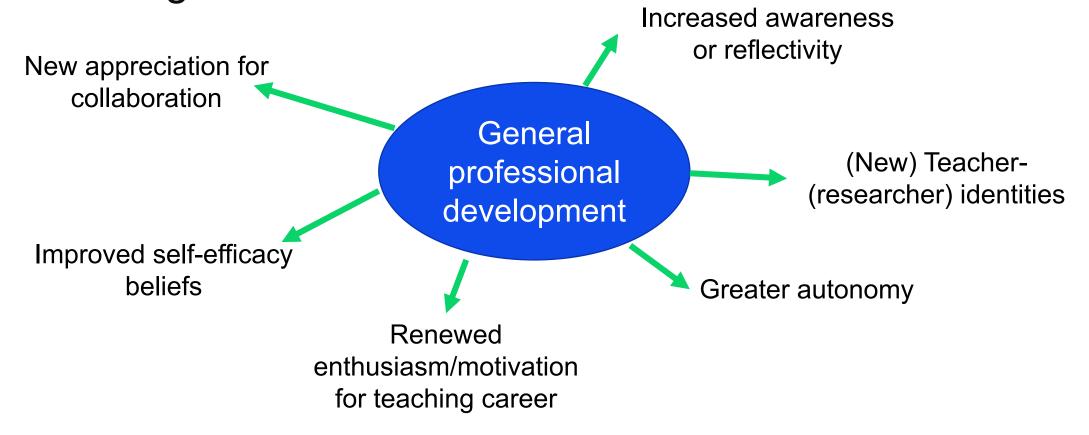
How do teachers develop or transform from conducting action research?

An ecological view.

Edwards, E. (2020). The ecological impact of action research on language teacher development: a review of the literature. *Educational Action Research*. 10.1080/09650792.2020.1718513



In what ways do teachers develop or transform from conducting action research?



Edwards, E. (2020). The ecological impact of action research on language teacher development: a review of the literature.

Educational Action Research, 10,1080/09650792,2020,1718513

In what ways do teachers develop or transform from conducting action research?

**Improved** understanding of Development of learners' needs and teaching practice Teachingperspectives related development **Enhanced** Development of confidence theoretical/practical about teaching knowledge for teaching

(Edwards, 2020)

# In what ways do teachers develop or transform from conducting action research?

Changed perceptions/beliefs Sustained about research and its Research-related engagement in relevance to practice development research Development of research skills (Edwards, 2020)

### What are the broader benefits of teachers engaging in action research?

- Changes to institutional-level materials/curriculum/syllabus
- Stimulation of colleagues' interest in AR
- Development of a more collaborative/democratic institutional culture
- Development of a particular/focused community of practice
- Institutional recognition of achievements
- Empowerment of AR mentor
- Collaboration and the development of communities of practice across institutions
- Recognition and increased professionalism at the sector level



### Discussion questions (in breakout rooms, 5 mins)

- 1. Can you identify with any of the benefits mentioned so far? Which ones?
- 2. What other benefits have you experienced from teacher research, or can you imagine you might experience?

# What are the challenges of teacher research?



### Some paradoxes of teacher research

1) It must be mandated	It can't be mandated
2) It must be championed by a strong principal	It can't be owned by the principal
3) There must be an outside actor	The outside actor's role is questionable
4) Teachers must learn research skills	Teachers must trust their own knowledge so they are not overwhelmed
5) Teachers' teaching changes profoundly	Teachers say their research confirms things they already knew
6) Teacher research must be woven into the fabric of the school culture	Teacher research is contrary to the culture of schools

- Are these all absolute paradoxes?
- Can you see any resolutions between the pairs of tensions?

(Berger, Boles & Troen, 2005)

# Tensions found in my research (on challenges of action research in Australia)

- Tension 1: Reflective mindsets but no time for reflection
- Tension 2: Desire for positive recognition but more negative recognition
- Tension 3: Renewed commitment to teaching but commitment not rewarded
- Tension 4: Opportunities for action research materials integration but inflexible curricula

Edwards, E. (2018). Embracing action research: Current tensions and possible directions. English Australia Journal, 34(1), pp.3-21. <a href="https://eajournal.partica.online/digital/english-australia-journal-34-1/flipbook/2/">https://eajournal.partica.online/digital/english-australia-journal-34-1/flipbook/2/</a>

#### Tension 1: Reflective mindsets but no time for reflection

Move away from "trial and error" approach to teaching, towards a "frame of mind of thoughtful reflective teaching" (Teacher interview)

Action research is "almost like a curse, because from here on you can never just do something and not reflect on it." (Teacher interview)



### The importance of reflection

"If teachers are to be considered reflective practitioners [...] of primary importance is the need for the time to reflect; collaborate; observe other teachers; develop personal theories, curriculum, materials, and so forth. In addition, teachers need smaller classes, more hospitable classrooms, and the resources to experiment with and change their approach to teaching. In short, the day-to-day business of teaching must become more conducive to thoughtful work." (Clarke, 1994, p. 23)

- Read this quote about the importance of reflection. To what extent do you agree or disagree with it?
- Are these suggestions feasible in your institutional context?

### Tension 1 (Reflective mindsets but no time): Possible directions

Structured time for reflection within school professional development programs

Training for school leaders so enable them to source funding for professional development opportunities

After conducting action research, discuss with your supervisor how to continue reflecting from your project

- Start up collegial discussion group about research
- Continue informal cycles of research, then present on findings at professional development day

## Tension 2: Desire for positive recognition but more negative recognition

"They [colleagues] aren't interested [in my action research], because **they perceive it as a mini PhD** in a short amount of time" (Survey comment)

"It's a lot of hard work and nobody [in my centre] cares, nobody was paying attention, it was as if nothing has happened, frustrating" (Teacher interview)

### School leaders' perceptions: do they value research?

"While having some research [conducted in our centre] is interesting, [it] is not our main bread" (Manager, University centre).

"We're doers and we get practical, and research is often housed in that area of university and bigger things. [...] And yet we know that best practice is informed by research" (Manager, University centre).

### Tension 2 (negative recognition): Possible directions

- Schools need to recognise teachers' research achievements in sensitive ways, e.g. collaborative forum, meeting about curriculum improvement
- Take a more critical approach what questions are raised (rather than answered) by your research? (Mockler & Groundwater-Smith, 2015)
- Publish your research (teaching magazine, journal, blog) and promote other teachers' research on staff development days
- Initiate a small-scale action research program for teachers in your school (needs mentors)

### Tension 3: Renewed commitment to teaching but commitment not rewarded

"Participating in the [AR] program reignited my fire for teaching and was kind of a watershed moment where I decided I am a teacher (hear me roar!) rather than I'll do this for a while and see what happens next" (Survey comment)

AR project was
largely ignored
because "my Director
of Studies said my
centre was about
profit and money"
(Teacher interview)

### Tension 3 (commitment not rewarded): Possible directions

- Find ways of rewarding teachers' commitment within existing limitations

   e.g. different roles and responsibilities within the institution (mentor, curriculum leader, discussion group leader, editor of teacher journal etc.)
- Encourage bottom-up professional development, giving teachers autonomy to decide what is important to them, but with top-down support provided

# Tension 4: Opportunities for action research materials integration but inflexible curricula

Teachers using their research-based knowledge to design and improve curricula is arguably 'the core of a proper understanding of teacher professionalism' (Hammersley, 2004, p.166).

'If I listen to everyone else [the other AR participants], they have had problems with curricula that they can't change. [For me] it's just been a breeze, it's been absolutely fantastic' (Teacher interview).

### Tension 3 (inflexible curricula): Possible directions

Schools could create short-term positions for teachers who have completed action research to formally integrate their materials into the school's curriculum If formal curricular integration is not possible -> materials could be supplementary for homework, extension or self-study resources Before commencing your action research, ensure it is relevant to your school's current needs

### Summary of research findings

- Action research can be very beneficial for teachers, leading to:
  - reflective mindsets
  - opportunities for positive recognition
  - renewed commitment to profession
  - innovative teaching materials
- Tensions or constraints can include:
  - lack of time for on-going reflection in busy teaching schedules
  - negative/skeptical perceptions of research (in some contexts)
  - not being rewarded for commitment
  - inflexible curricula
- Solutions are dependent on context, but there are always solutions!

### Reflecting on the tensions (in breakout rooms, 5 mins)

- 1) Which of the four tensions do you think might apply to your teaching context?
- 2) Focusing on one specific tension, which strategies do you think would work to overcome it in your context?

Tension 1: Reflective mindsets but no time for reflection

Tension 2: Desire for positive recognition but more negative recognition

Tension 3: Renewed commitment to teaching but commitment not rewarded

Tension 4: Opportunities for action research materials integration but inflexible curricula

# Teacher research as a 'toolkit' for your professional development

Cycles for on-going reflection

Possibilities for presenting and publishing your work



Leading to wider staffroom projects

Process of materials development

Theorypractice integration



#### References

Berger, Boles & Troen, 2005

**Burns 2010** 

Edwards, E. (2020). The ecological impact of action research on language teacher development: a review of the literature. *Educational Action Research*. 10.1080/09650792.2020.1718513

Edwards, E. (2018). Embracing action research: Current tensions and possible directions. *English Australia Journal*, 34(1), pp.3-21. <a href="https://eajournal.partica.online/digital/english-australia-journal-34-1/flipbook/2/">https://eajournal.partica.online/digital/english-australia-journal-34-1/flipbook/2/</a>

Edwards, E. & Burns, A. (2016). Language teacher action research: Achieving sustainability. *ELT Journal*, 70(1), 6-15. <a href="https://academic.oup.com/eltj/article/70/1/6/2450159">https://academic.oup.com/eltj/article/70/1/6/2450159</a>

Grimmett, 2014

Hammersley, 2004,

Mockler & Groundwater-Smith, 2015

van Lier, 2008

